

Extended Training Courses

Infant Observation

- One-year training course
- Learn the discipline of observing in order to enter the baby's world and see what is going on for the child within the family, particularly in relation to the parent
- Starting January 2019

Associates Programme

- 15-month post-qualification training in parent-infant psychotherapy
- Draws on a range of theories: psychoanalytic, attachment, inter-subjectivity and neuroscience
- Develop skills in engaging and working with parents and babies presented with a wide range of issues, as well as networking with professionals
- Applicants must hold an accreditation as a psychotherapist, psychodynamic counsellor, clinical psychologist or equivalent
- Includes OXPIP placement and individual supervision
- Starting January 2019

Public Lecture Series

We also hold lectures throughout the year which are open to healthcare professionals and members of the public.

These are held on Friday afternoons at
Friends Meeting House,
43 St Giles, Oxford, OX1 3LW

Please see our website
for more information and to book:
www.oxpip.org.uk/lecture-series

Upcoming Training

Please visit our website
for details

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Registered Charity No. 1109956
Registered Company No. 5410167



OXPIP

Oxford Parent
Infant Project

Training Courses

"The most incredible experience; informative
and invaluable beyond words!"



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At OXPIP we are enthusiastic about helping practitioners and professionals recognise the importance of reflective practice, and to create a space for this within their work.

We know that relationship-based work requires a relationship-based approach to training, and intend that our trainees will go away having drawn upon their own experiences, feeling invigorated and inspired to continue to use their learning to develop their practice.

All our training is run from our offices in Kidlington, Oxford.

Attachment: The Basics of the Parent and Baby Relationship

- Understand the importance, process and impact of attachment in a child's early development
- Identify your own attachment style and how that affects your responses to particular families

An Introduction to Watch, Wait and Wonder (WWW)

- Understand and explore the theoretical framework underpinning WWW
- Deepen your awareness of the parent-infant relationship
- Gain a stronger knowledge base of how to help facilitate parents' capacity to observe, recognise, and understand their children's play

"The interactive nature of it rather than a formal style was interesting and kept me focused"

Ghosts in the Nursery

- Explore Selma Fraiberg's seminal paper 'Ghosts in the Nursery' and focus on the unconscious impact of unresolved issues on the parent-infant relationship
- Identify how the transmission of intergenerational trauma can be reduced
- Understand how unresolved issues from your own past can influence your work

Emotional Regulation in Pregnancy

- Increase awareness of the emotional challenges involved in transitioning to parenthood
- Learn to help parents focus not just on labour but also the first 3 months of their baby's life, reflecting on their emotional responses and anxieties
- Explore how to help parents focus on the child within and develop empathy for him/her

Assessing Parent - Infant Relationships (APIR)

- Over 2 training days, increase confidence in identifying parent-infant relationships at risk, capacity to change and when to signpost to other services
- Recognise the links between primitive emotional states and behaviour in clients and yourself
- Identify parental behaviours which contribute to infants developing disorganised attachment and be reflective about what might lie behind them

Supervised Contact Training

- Develop and transfer appropriate recording and observational skills developed in the APIR training
- Increase awareness of liaising with and supporting children, foster carers, and birth parents pre- and post-contact
- Increase awareness of the issues of separation and loss, particularly around 'final contact'
- Acknowledge the impact of supervising contact sessions on workers

Parent-Infant Group Work

- Over the course of 4 training days, discover how to facilitate groups confidently, safely and effectively, e.g. Baby Massage and Watch, Wait, Wonder
- Support parents and infants to build their relationships
- Reflect on strengths for each participant using Video Enhanced Reflective Practice in small supervision groups

"Lovely pace by two very professional and personable teachers – they model a very humble and approachable stance that invites candid discussion".

www.oxpip.org.uk/training